

TRIC/PLUK Library Update

Resources for Parents, Educators, and Professionals



2004

We are fortunate to have such a great resource for families and professionals in Montana. In this 2004 information handout we highlight our newest acquisitions and provide information to those who may have never used this unique resource. The TRIC/PLUK Library currently has almost 11,000 items on disability issues listed in its database. Our collection includes books, curricula, videos, DVDs, and journals. All these materials are available to parents and professionals anywhere in Montana or to other libraries through interlibrary loan. Simply contact our librarian at (800) 222-7585 or jsand@pluk.org and materials will be mailed out at no charge. Users pay the cost of returning materials to the library.

New Materials Recently Added to the TRIC/PLUK Library

Acquainted with the Night: A Parent's Quest to Understand Depression and Bipolar Disorder in His Children by Paul Raeburn. Here the author writes of his personal struggle to understand and cope with the mental illness of his two young children. EMOM0061

Activities for a Diverse Classroom Connecting Student by Leah Katz and Caren Sax. This is a resource for elementary teachers to introduce diversity into the classroom by presenting eighteen activities designed to fit easily into thematic units throughout the school year. INC180

ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders by Sandra Rief. This book is a resource for parents, teachers, counselors, and others filled with strategies, supports, and interventions that have been found to be effective in minimizing the problems and optimizing the success of children with attention deficit hyperactivity disorder. ADD280

All Kinds of Friends Even Green by Ellen Senisi. This picture book is designed to help children see that living with a disability and facing its challenges can be seen as interesting, even positive. CHB268

Amelia Lends a Hand by Marissa Moss. Amelia has to face the challenge of learning to communicate with a new neighbor because he is deaf. Thirty-two sign language flash cards are included. CHB274

Anger Solution Workbook by Lisa Schab. This workbook teaches children how to work out their problems, lower their levels of anger, and build confidence in their ability to manage their anger safely. BEH416

Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World by Teresa Bolick. A guide to help families deal with the unique problems that come with Asperger's Syndrome. AUT321

Asperger's What Does It Mean to Me? A Workbook Explaining Self-Awareness and Life Lessons to the Child or Youth with High Functioning Autism or Asperger's by Catherine Faherty. This book is written for children with high-functioning autism or Asperger's syndrome to help them learn more about themselves. Includes structured teaching ideas for home and school. AUT319

Assist Guidebook to the Accessible Home Practical Designs for Home Modifications and New Construction by Roger Borgenicht & Melissa Hofmann. This guidebook provides guidance for planning and construction to modify and adapt home entryways, bathrooms and kitchens, and doorways in order to make homes accessible for people who are disabled. ACC72

Assistive Technology for Infants and Toddlers with Disabilities: A Handbook for Parents and Caregivers by LaRae Rhoads & Michelle Doty. Provides information about assistive technology, home modifications, and service options available to the very young for families who have infants and toddlers with developmental delays or disabilities. TEC73

Autistic Spectrum, Parents' Daily Helper: A Workbook for You and Your Child by Philip Abrams & Leslie Henriques. This workbook gives techniques parents can use to help their autistic child navigate life's daily routines focusing on 45 easy to understand behavioral tasks. AUT323

Behind the Schoolhouse Door Managing Chaos with Science, Skills and Strategies by Glenn Latham. A compilation of the author's writings on improving the learning experience for children and giving practical and scientifically proven methods for managing behavior in the classroom and at home. BEH414

Between the Lions Book for Parents Everything You Need to Know to Help Your Child Learn to Read by Linda Rath & Louise Kennedy. The authors give parents insight into the mechanics of learning to read, guidelines for measuring progress, reading and writing activities to try at home and suggestions for helping struggling readers. PAR351

Blue Cheese Breath and Stinky Feet, How to Deal with Bullies by Catherine DePino. This picture book, for children who are victims of school bullies, identifies 11 specific, practical tips for coping with and discouraging bullies and offers skills for all children. CHB276

Ten Surprising Facts About Libraries

1. The US has more public libraries than it has McDonalds restaurants.
2. US libraries circulate more items every day than FedEx ships packages (5.4 vs. 5.3 million)
3. US public library cardholders outnumber Amazon.com customers 5 to 1.
4. Americans go to libraries more than twice as often as they go to the movies.
5. Americans spend more than three times as much on salty snacks as they do on public libraries.
6. Libraries hold 16 billion books worldwide.
7. Libraries record more than 1.1 billion visits each year, compared to 204 million sports tickets sold in a year.
8. Students visit school library media centers almost 1.5 billion times during the school year.
9. Americans spend seven times more money on home video games as they do on school library materials for their children.
10. College and university librarians answer 97 million reference questions each year.

Source: "Celebrate National Library Week in April — Top 10 Lists." American Library Association 2004. Retrieved April 13, 2004.

Boy Who Loved Windows: Opening the Heart and Mind of a Child Threatened with Autism by Patricia Stacey. A suspenseful and beautifully told story of a child with a serious neurological disorder and the amazing treatments that led to his rebirth. AUT317

Burden of Sympathy: How Families Cope with Mental Illness by David Karp. The author focuses on the emotional journey that family members undergo as they deal with mental illness. EMO364

Character Matters: How to Help Our Children Develop Good Judgment, Integrity, and Other Essential Virtues by Thomas Lickona. This book gives 100 specific strategies to help parents and teachers instill children with the values that will help them build strong personal character. SOC137

Choosing Nila: A Family's Journey by Mitchel Zuckoff. A powerful story of one family and their baby with Down Syndrome. DOW91

Creating a Win-Win IEP for Students with Autism: A How-To Manual for Parents and Educators by Beth Fouse. The author gives parents of students with autism the necessary information and skills needed when planning the IEP program for their child. AUT324.

Demystifying Autism Spectrum Disorders: A Guide to Diagnosis for Parents and Professionals by Carolyn Thorwarth Bruey. An in-depth guide to distinguishing the various ASD conditions such as Asperger's syndrome, autism, PDD-NOS and Rett's disorder. AUT330

Diagnosis: Schizophrenia: A Comprehensive Resource for Patients, Families, and Helping Professional by Rachel Miller & Susan Mason. An excellent guide for patients and their families dealing with the onset and long-term effects of schizophrenia written in simple language and broken down into brief chapters for short attention spans. Firsthand narratives by 35 patients are intermingled throughout. EMOPSY11

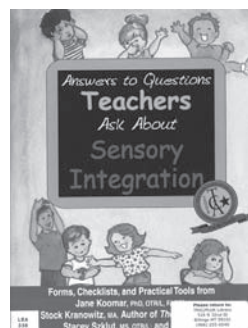
Down Syndrome Nutrition Handbook: A Guide to Promoting Healthy Lifestyles by Joan Medlen. This book looks at all aspects of nutrition and healthy living for children with Down Syndrome from birth through adulthood based on the latest medical research plus the authors' years of experience as a registered dietitian and mother of a child with Down Syndrome. DOW90

Exceptions: A Handbook of Inclusion Activities for Teachers of Students at Grades 6–12 with Mild Disabilities by Deborah Murphy & Celia Meyers. Provides regular classroom teachers with field-tested strategies and practices that promote success for mildly disabled learners as well as for their non-disabled peers. INC181

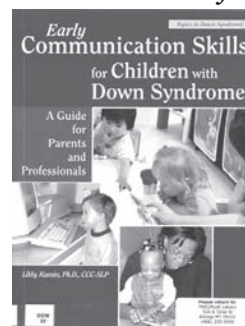
Healing Anxiety and Depression by Daniel Amen. An expert in the study of the brain and behavior, offers a revolutionary approach to understanding and treating anxiety and depression disorders. EMOANX37

Healing the Hurt, Restoring the Hope: How to Guide Children and Teens Through Times of Divorce, Death, and Crisis with the RAINBOWS Approach by Suzy Yehl Marta. The founder of RAINBOWS, Inc., presents a counseling program that helps adults understand how children perceive loss using play-based activities to help them voice their emotions. DEA61

Answers to Questions Teachers Ask About Sensory Integration Forms, Checklists, and Practical Tools for Teachers and Parents by Jane Koomar & Carol Kranowitz. An extensive and easy-to-use set of forms, checklists, and other tools for teachers and parents who have children with sensory integration challenges. LEA338



Early Communication Skills for Children with Down Syndrome: A Guide for Parents and Professionals, 2nd Edition by Libby Kumin. Offers comprehensive, authoritative, and practical advice and explains the role of a speech pathologist, the stages of communication development, and how Down syndrome affects speech and language. DOW92



Healthcare for Children on the Autism Spectrum: A Guide to Medical, Nutritional, and Behavioral Issues by Fred Volkmar & Lisa Wiesner. A compendium of up-to-date information regarding the healthcare of children with autism spectrum disorders by one of the most knowledgeable child psychiatrists and a practicing pediatrician. AUT327

Helping Adults with Mental Retardation Grieve a Death Loss by Charlene Luchterhand & Nancy Murphy. Provides information on typical grieving, presents some features unique to adults with mental retardation who are grieving, and gives concrete ideas that can be used to assist adults as they move through the grief process. DEA63

Helping Children Who Are Deaf: Family and Community Support for Children Who Do Not Hear Well by Charlene Luchterhand & Nancy Murphy. Explains how deafness affects a child's ability to learn language and develop mentally and socially; includes activities on how to foster language learning through both sign and oral approaches. HI179

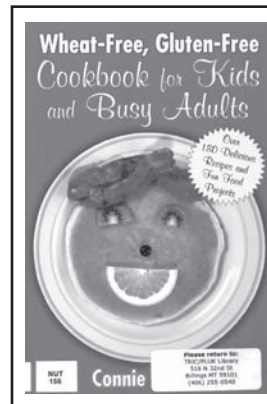
Helping the Student with Diabetes Succeed: A Guide for School Personnel will enable school health professionals, teachers, administrators, and other staff members to gain an understanding of the importance of providing needed care to students with diabetes. MD284

Highly Sensitive Child: Helping Our Children Thrive When the World Overwhelms Them by Elaine Aron. This book addresses the trait of "high sensitivity" in children and offers a parenting guidebook for those children and their caregivers. PAR335

How To Help a Clumsy Child: Strategies for Young Children with Developmental Motor Concerns by Lisa Kurtz. will help parents and professionals on how to seek help and specific teaching strategies to help a clumsy child in the home and the classroom. PAR358

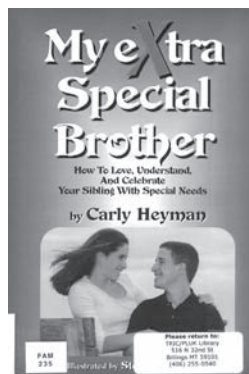
How To Take the Grrrr Out of Anger by Elizabeth Verdick & Marjorie Lisovskis. Reading this book will help kids understand anger and how to handle it in healthy, positive, nonviolent ways. Recommended for ages 8-13. CHB275

Is Your Child A Target of Bullying? from the Technical Assistance ALLIANCE for Parent Centers. A curriculum with intervention strategies for parents of children with disabilities. STA161



Wheat-Free, Gluten-Free Cookbook for Kids and Busy Adults by Connie Sarros. This cook book will help parents choose and prepare foods that their children will like as well as meet celiac dietary requirements. NUT156

Keys to Classroom Management by Glenn Latham. The author describes the basics of effective classroom management with an emphasis on instructional strategies that lead to pupil progress "based on rigorous and systematically replicated research." EDU319



My Extra Special Brother: How to Love, Understand, and Celebrate Your Sibling with Special Needs by Carly Heyman. Sixteen-year-old Carly writes a story of growing up with her big brother Scott, who has Fragile X syndrome. FAM235

Kid Friendly Food Allergy Cookbook, More Than 150 Recipes That Are Wheat Free, Gluten Free, Dairy Free, Nut Free, Egg Free, Low in Sugar by Leslie Hammond. This cookbook takes into account the most common food sensitivities such as wheat and gluten, peanuts and dairy, and provides recipes modified to fit the dietary needs of the allergic child. NUT158

Looking After Louis by Lesley Ely. Louis has autism, but his classmates find a way to join him in his world. CHB272

Making and Keeping Friends: Ready to Use Lessons, Stories, and Activities for Building Relationships, Grades 4-8 by John Schmidt. Shows students step by step how to form strong lasting friendships by being more inviting toward themselves and

others. Includes reproducible activity sheets and role-play scripts. SOC140

Mind Apart: Understanding Children with Autism and Asperger Syndrome by Peter Szatmari. Dr. Szatmari tries to help parents understand and appreciate the unusual inner world of a child with autism. AUT322

Montana Special Education

Law Handbook by David Aronofsky & Kathleen Manley-Coburn. Presents information about the most significant aspects of federal and Montana special education law. ADV241

More Baby's First Signs by Kim Votry. A book of easy ASL signs to help young children learn signs suited to their interests. HI180

More Than Moody: Recognizing and Treating Adolescent Depression by Harold Koplewicz. Dr. Koplewicz shows parents the warning signs, risk factors and key symptoms that offer important clues about depression. EMOM0057

Navigating the Social World: A Curriculum for Individuals with Asperger's Syndrome, High Functioning Autism and Related Disorders by Jeanette McAfee. Provides information on how to provide an intensive social-emotional skills program for ASD children for parents, professionals, and paraprofessionals. AUT316

New Hope for Children and Teens with Bipolar Disorder: Your Friendly, Authoritative Guide to the Latest in Traditional and Complementary Solutions by Boris Birmaher, MD. The author dispels the

myths about bipolar disorder while offering real solutions for children and teens. EMOM0059

Nolo's IEP Guide: Learning Disabilities by Lawrence Siegel. This handy book will help parents navigate the special education system and get their children the help they require to succeed in school. All the forms a parent would need are provided. ADV243

TRIC/PLUK, an acronym for "Training Resources Information Center" and "Parents, Let's Unite for Kids", is classified as a special library. Our purpose is to provide information for the organizations and agencies that provide services or support to people in Montana dealing with various disabilities. We seek to acquire and make available information and resources on specific emotional, mental and physical disabilities to enhance the skills and knowledge of service providers, educators and families with special needs children.

Oh Brother: Growing Up with a Special Needs Sibling

by Natalie Hale. Gives anecdotal examples and self-help guidelines to promote positive, realistic attitudes to help a child living with a special needs sibling deal with day-to-day life. FAM237

Overcoming Autism: Finding the Answers, Strategies, and Hope That Can Transform a Child's Life

by Lynn Koegel & Claire LaZebnik. Koegel shares her professional advice while co-author LaZebnik provides insight into the daily life of parents coping with autism. AUT329

Overcoming Dyslexia: A New and Complete Science-Based Program for Reading Problems at Any Level

by Sally Shaywitz. This book will help readers to understand, identify, and overcome reading problems. The author instructs parents in what they can do for a dyslexic child and lays out a home program for enhanced reading. LEA337

Overview of Special Education Transportation: A Primer for Parents and Educators

by Steven Lake. The author gives an overview of the federal laws and case law governing the provision of transportation to students with disabilities. ACC79

Parent's Guide to Standardized Tests for Grades 3-5 by Cynthia & Drew Johnson. This book will help parents who want to help their elementary school child perform well on standardized tests. ASS242

Please Stop Laughing at Me: One Woman's Inspirational Story by Jodee Blanco. Chronicles how the author was shunned and sometimes physically

abused by her classmates from elementary school through high school. It looks at how bullying has been mishandled by the mental health community. SOC142

Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In: When to Worry and When Not to Worry

by Perri Klass, MD and Eileen Costello, MD. The authors are practicing pediatricians and mothers who explain to parents how to deal with an array of diagnoses and specialists, the challenges of living with and loving children, and helping them navigate their educational and social worlds. PAR353

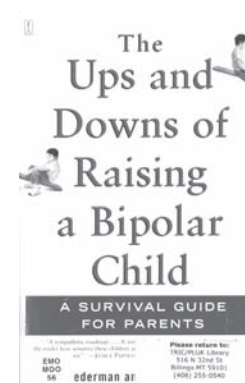
Quit It by Marcia Byalick. At a time when all a 7th grader wants to do is blend in with the crowd, Carrie has to cope with the embarrassment and strain of various reactions from family, friends, and strangers as she has Tourette's syndrome. TOU29

Reach For The Dream: Developing Individual Service Plans for Persons with Disabilities, 2nd edition by Dale DiLeo. This manual discusses integrating individual written plans such as IEPs or ISPs with the futures planning processes. TRA168

Ready To Use Social Skills Lessons and Activities for Grades 7-12, edited by Ruth Weltmann Begun. The author provides 51 age-appropriate lessons for developing specific social skills that focus on real situations in adolescent's own lives such as dealing with feelings and peer pressure, and are readily adapted for use in any classroom, school, or home setting. SOC139

Ready To Use Violence Prevention Skills Lessons and Activities for Secondary Students, edited by Ruth Weltmann Begun & Frank Huml. This book contains 50 lessons and activities focusing on topics such as stimulant use, family relationships, dealing with anger, and gang-related activities. Lessons are designed to build students' character and help them develop the understanding and skills necessary to deal with difficult and violence-threatening situations. SOC141

Ups and Downs of Raising a Bipolar Child: A Survival Guide for Parents



by Judith Lederman & Candida Fink. The authors offer parents sound advice and expert information to cope with the challenging diagnosis of bipolar disorder and show how to provide essential care and support for a bipolar child and the rest of the family. EMOM0056

Reflections from a Different Journey: What Adults with Disabilities Wish All Parents Knew, edited by Stanley Klein & John Kemp. Forty successful adult role models share what it is like to grow up with a disability and what they wished their parents had read or been told while they were growing up. FAM236

Riding the Bus With My Sister: A True Life Journey by Rachel Simon. Beth, a woman with mental retardation, spends her days riding the bus and for one year the author accompanies her sister riding the bus which changes her life and leads her to accept Beth. FAM234

Scattered Shadows: A Memoir of Blindness and Vision by John Griffin. The author gives insight into the “vital life” of the blind as he chronicles his ordeal of losing his sight owing to a war injury, adjusting to blindness, and then unexpectedly regaining his vision ten years later. VIS256

Section 504 Primer for Parents, Educators, and Administrators by John Copenhaver. This booklet gives a practical overview of Section 504 for parents, educators, and administrators. ADV244

Sensory Sensitive Child: Practical Solutions for Out of Bounds Behavior by Karen Smith & Karen Gouze. Gives parents useful and researched suggestions for helping children cope with their sensory processing problems. PAR350

So You Want to Make a Difference: Advocacy is the Key by Nancy Amidei. A guide through policy advocacy for individual or advocacy groups. ADV245

Sometimes I Drive My Mom Crazy, But I Know She’s Crazy About Me: A Self-Esteem Book for ADHD Children by Lawrence Shapiro. True-to-life story addresses the many difficult and frustrating issues ADHD kids confront every day and helps them discover that they are valuable. ADD277

Source for Asperger’s Syndrome by Timothy Kowalski. A non-technical resource designed to assist the practitioner in the diagnosis and treatment of Asperger’s syndrome; covers diagnostic criteria, epidemiology, social and emotional issues, academic issues, and prognosis. AUT331

Source for Executive Function Disorders by Susanne Keeley. Activities

in this book will help when working with an individual who has difficulty with planning, identifying what needs to be done, determining the sequence of a task, carrying out the steps in an orderly way, beginning tasks, and taking feedback or suggestions. Appropriate for ages 16 and up. LEA340

Source for Learning and Memory Strategies by Regina Richards. This book gives hands-on techniques and practical strategies to help children learn and retain new information. Memory strategies for learning concepts, facts, and math are given as well as language arts strate-

that impact health and behavior in children with autism or related developmental disorders, and provides gluten/casein-free recipes. NUT157

Stepping Out: Using Games and Activities to Help Your Child with Special Needs by Sarah Newman. Provides games and activities for parents and caregivers to use when working to improve a child’s skills in the six areas of development: cognitive, physical, sensory, language, social and emotional. Is particularly suitable for primary school children. PAR359

The TRIC/PLUK Library provides support for the Montana State Developmental Disabilities Program, which is responsible for providing services for people with developmental disabilities. As part of our contract obligation with them, the library is required to do an annual survey of users. The number of surveys returned continues to grow each year. This year 243 surveys were mailed out in February and 118 were returned. We appreciate the comments that were made. Survey results are posted on the PLUK web page <http://www.pluk.org>.

gies for reading, spelling, and comprehension tasks. Appropriate for ages 6 through 18. LEA342

Source for Reading Fluency by Nancy Swigert. The author provides information and strategies to help non-fluent readers increase their speed and accuracy of reading skills. Appropriate for grades 1 and up. LEA344

Source for Visual-Spatial Disorders by Britt Neff & Julie Neff Lippman. This book tells the story of a girl who learned to deal with a visual-spatial disorder and provides practical advice about how to teach those students who are struggling with a visual-spatial disorder. LEA341

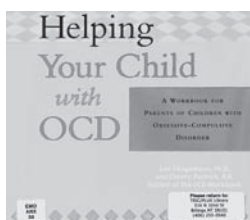
Special Diets for Special Kids: Two More Great Tasting Recipes and Tips for Implementing Special Diets to Aid in the Treatment of Autism and Related Developmental Disorders by Lisa Lewis. This book gives specific examples of food allergies and intolerance’s

Steps to Healthy Touching: Activities to Help Kids Understand and Control Their Problems with Touching by Kee MacFarlane & Carolyn Cunningham. The authors present a new approach to treating the problem of sexually inappropriate behavior in children between the ages of 5–12 who have been sexually victimized and are subsequently acting out. ABU58

Straight Talk About Psychological Testing for Kids by Ellen Braaten & Gretchen Felopulos. This book explains the role testing plays in diagnosing and devising treatment plans for dyslexia, ADHD, math and reading disorders and other childhood problems such as Asperger Syndrome, depression, and anxiety. ASS243

Straight Talk About Your Child’s Mental Health What To Do When Something Seems Wrong by Stephen Faraone. The author explains to parents when to get help and when to wait when something appears to be wrong with their child. Contains guidelines to determine problems and help prevent misdiagnosis. EMO363

Helping Your Child with OCD: A Workbook for Parents of Children with Obsessive-Compulsive Disorder by Lee Fitzgibbons & Cherry Pedrick. This workbook contains assessments, fill-ins, and progress charts that encourage parents to get involved in and stay committed to their child’s recovery from OCD. EMOANX38



Strategies for Anger Management Reproducible Worksheets for Teens and Adults by Kerry Moles. This is a book of reproducible worksheets to help people cope with anger in healthier ways. Is divided into three sections: understanding anger, interventions for anger management, and conflict resolution. SK1150

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism by Mary Wrobel. This book provides necessary information on skills students need to live safe, healthy lives as independently as they are physically and mentally capable of living. AUT328

Teaching the Restless: One School's Remarkable No-Ritalin Approach to Helping Children Learn and Succeed by Chris Mercogliano. The author speaks to both parents and educators on how to best teach hyperactive kids. Discusses how to help hyperactive children relax, focus, and learn without assigning labels to the children or resorting to the use of drugs. ADD281

Montana has a total of 754 libraries. Library usage across the state remains strong. The annual statistics report of the Montana State Library reported that 5,246,436 items were checked out from 78 public libraries in fiscal year 2003 (report available from <http://msl.state.mt.us> — click on Online Publications; click on MT Public Library Statistics). The TRIC/PLUK Library checked out 3,256 items in 2003, and 1,308 user contacts were made.

There is No Magic But There Are Alternatives to Parenting Exceptional Children by Stephen Dubrofsky. The author specifically addresses parents of exceptional children to help them find ways of providing an environment to nurture and enhance the child's physical, social, and educational growth and development. PAR356

There's a Boy in Here: Emerging from the Bonds of Autism by Judy & Sean Barron. The authors examine autism from their unique perspectives: a mother and her son with autism. They relate their understandings of the events that each have experienced resulting in a rare insight into the mind of a child with autism. AUT326

Tobin Learns To Make Friends by Diane Murrell. This picture book will be helpful in teaching social skills to children with autism, Asperger's Syndrome, and other pervasive developmental disorders. CHB273

Transforming Madness by Jay Neugeboren. The author takes an optimistic view of community-based treatment for the severely mentally ill and chronicles the transition of his brother, who has schizophrenia, from a large mental hospital to assisted living. Also includes the stories of other former patients who have benefited from improved medications and community support. EMOPSY12

Treating Autism: Parent Stories of Hope and Success by Stephen Edelson and Bernard Rimland. This book provides in-depth stories written by parents and doctors who have used the rational, non-drug biomedical treatments recommended by the Autism Research Institute to improve the lives of children with autism. AUT311

Universal Designed Smart Homes

for the 21st Century 72 Home Plans You Can Order and Build. A plan book of fully accessible homes designed to be energy efficient. Features single family home, duplexes and attached additions and resources and references for home modifications and additions. ACC80

Unquiet Mind: A Memoir of Moods and Madness by Kay Redfield Jamison. A leading expert on bipolar disorder and one of its victims, writes of her ebullient highs, crushing depressions, a suicide attempt, struggles with debilitating side effects, and eventual achievement of a satisfying professional and personal life. EMOMOO62



Social Skills Picture Book Teaching Communication, Play and Emotion

by Jed Baker. A teaching tool for children with autism or Asperger's syndrome, this book gives pictures of the right and wrong ways to handle nearly 30 social skills such as conversation, play, emotion, management, and empathy. AUT325

Way I Feel by Janan Cain. A picture book to help children describe their emotions and understand that feelings are a normal part of life. CHB268

What In The World Do You Do When Your Parents Divorce? A Survival Guide for Kids by Kent Winchester & Roberta Beyer. This book will help kids through the changes that occur when their parents divorce. Suggested for ages 7-12. PAR357

Working On The Dream: A Guide to Career Planning and Job Success by Don Lavin & Andrea Everett. This book provides a practical, step-by-step procedure for identifying job preferences, marketable talents, employment barriers, and mapping action plans to achieve desired job results. VOC505

World At Her Fingertips: The Story of Helen Keller by Joan Dash. The author tells of Helen Keller's triumphs as an essayist and lecturer. Appropriate for ages 9-12. CHB277

Worried Child: Recognizing Anxiety in Children and Helping Them Heal by Paul Foxman. Describes various types of childhood anxiety disorders, chronicles danger signs that may indicate a child needs professional help. There is a chapter written for anxious young people in language they can understand. EMOANX39

WrightsLaw: No Child Left Behind by Peter Wright & Pamela Darr Wright. This timely book will help answer questions in the No Child Left Behind statute, regulations, and publications from the US Department of Education. It is divided into four sections: 1. History of NCLB, 2. Law, Regulations, and Case Law, 3. Overview of NCLB, 4. Frequently Asked Questions about NCLB. ADV246

A sample of Topics Covered in the TRIC/PLUK Library

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|-------------------------------------|--------------------------------|-----------------------------------|-----------------------|
| Abuse | Cultural | Home Schooling | Psychiatric Disorders |
| Accessibility | Curriculum | IDEA | Reading |
| ADA | Cystic Fibrosis | IEPs | School-to-Work |
| ADHD | Daily Living Skills | Inclusion | Section 504 |
| Advocacy | Deaf/Blind | Independent Living | Self Help |
| Aging | Death/Dying/Grief | Infant/Toddler/Preschool | Sensory Integration |
| AIDS/HIV | Depression | Learning Disability | Sex Education |
| Anger Management | Developmental Disabilities | Legal | Siblings |
| Anxiety Disorder | Disability Awareness | Life Skills | Sign Language |
| Architecture & Environmental Design | Down Syndrome | Medical | Social Security |
| Asperger Syndrome | Dyslexia | Medication | Social Skills |
| Assistive Technology | Early Intervention | Mental Health | Special Education |
| Auditory Processing | Early Learning | Nonverbal Learning Disorder | Speech & Language |
| Autism | Education | Nutrition | Spina Bifida |
| Bipolar Disorders | Emotional/Behavioral Disorders | Obsessive Compulsive Disorder | Staff Development |
| Books in Braille | Epilepsy | Oppositional Defiant Disorder | Supported Employment |
| Bullying | Families/Parenting | Paraprofessionals | Tourette Syndrome |
| Cerebral Palsy | Financial Planning | Person-Centered Planning | Transition |
| Child Development | Fragile X Syndrome | Pervasive Developmental Disorders | Transportation |
| Children's Books | Gifted | Physical Disabilities | Visual Impairments |
| Cleft Lip/Palate | Head Injury | | Vocational |
| Communication | Hearing Impairment | | |

The TRIC/PLUK Library lends materials directly to individuals in Montana or to other libraries through interlibrary loan. Material can be accessed by walk-in, telephone, FAX, E-mail, and the Internet. A portion of the TRIC/PLUK Library collection is entered in OCLC (Online Computer Library Center, Inc.), a database of more than 45,000 libraries around the world. This database grows daily as member institutions add new records every 12 seconds. It grew by 2.3 million records in fiscal 2003 (*from OCLC Annual Report 2003*). Currently 241 Montana libraries are enrolled in OCLC. Over 4,051,700 items are listed just in Montana libraries. To access this database follow the directions on the PLUK Web page.

<http://www.pluk.org>



This is a publication of Parents, Let's Unite for Kids (PLUK), a private, nonprofit Montana organization founded in 1984 by parents of children with disabilities and special health care needs.

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